

## FOOD WASTE DIARY C

start	date	
		7

date	food wasted	quantity	reason	cost	
Example	Blueberries Leftover rice Beef	1/2 tub 1 small tupperware 500g	Spoiled faster than I thought Uneaten, forgot about it Out of date, didn't freeze	~ \$2.50 ~ \$1 ~ \$8	
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